

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****Event 1 Girls 200 Yard Medley Relay Varsity****Pool Record: 1:53.05 * 9/30/2010 Monticello Magic****A Jensen, K Bender, C Oquist, A Paulson****True Team: 1:54.49 ! 10/10/2009 Monticello Magic****A Jensen, K Bender, C Oquist, A Paulson**

Team	Relay	Seed Time	Finals Time	NISCA	Points
1 Monticello High School-MN 1) Jensen, Anna 10 29.36 33.15 27.53	A 2) Bender, Kieran 12 24.36	1:53.61	1:54.40!	369	56
	3) Oquist, Caley 11		4) Paulson, Amanda 12		
2 Sauk Rapids- Rice Storm 1) Larsen, Tana 12 33.65 32.23 27.92	A 2) Rasmussen, Abby 12 25.17	1:58.60	1:58.97	321	54
	3) Moline, Elizabeth 10		4) Cook, Katie 11		
3 Monticello High School-MN 1) Ascher, Dana 11 31.36 34.66 28.84	B 2) Carriveau, Rachel 11 26.09	2:00.72	2:00.95	303	52
	3) Anderson, Paige 10		4) Jones, Anna 10		
4 Big Lake HS-MN 1) Nelsen, Ashley 10 38.04 27.19 29.34	A 2) Wellumson, Sarah 11 26.61	2:00.72	2:01.18	300	50
	3) Iversen, Alli 11		4) Helgoe, Amber 10		
5 Chisago Lakes Area Wildcats 1) Bean, Amanda 12 30.97 35.65 30.16	A 2) Strand, Bailey 11 27.03	2:02.69	2:03.81	273	48
	3) Bean, Nicole 10		4) Gamble, Araya 11		
6 Monticello High School-MN 1) Smith, Maree 10 32.17 34.11 32.14	C 2) Eckstein, Amber 7 27.57	2:07.88	2:05.99	255	46
	3) Parr, Katie 9		4) Stockham, Emily 10		
7 Proctor/Hermantown Rails 1) Donofrio, Angela 11 31.55 35.07 32.91	A 2) Aamodt, Alyssa 9 27.21	2:05.62	2:06.74	249	44
	3) Witte, Julia 11		4) Vesel, Ashlee 12		
8 Big Lake HS-MN 1) Bischoff, Bailey 10 32.86 35.55 29.82	B 2) Pietrzak, Laurel 8 28.57	2:05.50	2:06.80	246	42
	3) Dziura, Angela 11		4) Rebrovich, Sara 9		
9 Big Lake HS-MN 1) Poffenberger, Kelli 9 41.33 31.59 30.75	C 2) Wellumson, Lara 29.62	2:06.50	2:13.29	192	40
	3) Droher, Madeline 9		4) Prettyman, Jessica 9		
10 Sauk Rapids- Rice Storm 1) Bethke, Chelsey 12 34.51 37.80 30.82	B 2) Gaetz, Rachel 11 30.23	2:10.10	2:13.36	192	38
	3) Miller, Katie 12		4) Dingmann, Megan 12		
11 Proctor/Hermantown Rails 1) Buraglio, Sonja 8 34.52 37.09 33.37	B 2) Mackereth, Sarah 12 28.64	2:11.40	2:13.62	189	36
	3) Forrest, Kellie 12		4) Karwath, Maddy 11		
12 Becker High School 1) Kangas, Ashley 11 34.39 39.89 29.77	A 2) Foster, Rachel 12 29.69	2:09.57	2:13.74	189	34
	3) Starry, Alli 12		4) Bjork, Vanessa 12		
13 Chisago Lakes Area Wildcats 1) Donahue, Kayla 10 34.95 40.44 32.37	B 2) Colburn, Kimbertly 10 28.01	2:13.00	2:15.77	171	32
	3) Haslach, Michelle 12		4) Berg, Danielle 8		
14 Sauk Rapids- Rice Storm 1) Guith, Madilyn 10 37.60 36.64 32.23	C 2) Rasmussen, Jennifer 9 29.49	2:16.00	2:15.96	171	30
	3) Watkin, Katelyn 10		4) Janorschke, Erika 10		
15 Proctor/Hermantown Rails 1) Stauber, Natalie 10 37.96 33.37 35.93	C 2) Asanovich, Jen 11 31.09	2:14.50	2:18.35	153	28
	3) Mayry, Kailey 9		4) Vesel, Abbie 11		
16 Big Lake HS-MN 1) Ralph, Erin 9 36.98 39.03 33.24	D 2) Springer, Brittah 12 30.24	2:10.50	2:19.49	144	26
	3) Ireland, Lauren 9		4) Turk, Morgan 9		

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 1 Girls 200 Yard Medley Relay Varsity)**

Team	Relay	Seed Time	Finals Time	NISCA	Points
17 Ogilvie Lions	A	2:14.03	2:21.73	129	24
1) Harlan, Ashlyn 11	2) Lilyerd, Katie 7	3) Rivera, Rachel 12	4) Holznagel, Samantha 11		
37.50 40.19 32.14	31.90				
18 Becker High School	B	2:14.68	2:21.84	126	22
1) Neidenfeher, Tali 9	2) Starry, Courtney 9	3) Molus, Andrea 7	4) Hook, Kaitlyn 12		
38.47 35.98 35.73	31.66				
19 Becker High School	C	2:28.39	2:22.01	126	20
1) Hemminger, Erika 9	2) Erson, Jade 8	3) Smith, Maggie 7	4) Zerwas, Makayla 9		
36.87 39.83 33.73	31.58				
20 Sauk Rapids- Rice Storm	D	2:23.00	2:23.25	117	18
1) Pearson, Ambrique 9	2) Petron, Megan 11	3) Posch, Mackenzie 8	4) Koprek, Molly 9		
39.12 47.43 32.33	24.37				
21 Monticello High School-MN	D	2:20.85	2:26.04	99	16
1) Fischer, Riley 10	2) Melchert, Brianna 9	3) Lenzen, Hannah 9	4) Kavanaugh, Kelli 11		
35.24 43.18 34.94	32.68				
22 Chisago Lakes Area Wildcats	C	2:21.00	2:26.44	96	14
1) Wilke, Madysen 10	2) Leroy, Shelby 12	3) Tanata, Nichole 12	4) Baxter, Jessica 8		
38.05 41.17 37.01	30.21				
23 Chisago Lakes Area Wildcats	D	2:26.00	2:26.88	93	12
1) Mansfield, Devyn 10	2) Maxwell, Madeline 10	3) Olson, Maria 12	4) Peltier, Anna 10		
38.40 40.76 36.69	31.03				
24 Proctor/Hermantown Rails	D	2:30.00	2:36.71	30	10
1) Terry, Jessica 9	2) Collins, Courtney 10	3) DeFrance, Madie 10	4) Beaupre, Annika 9		
40.88 41.03 39.59	35.21				
25 Ogilvie Lions	B	2:41.19	2:41.09	6	8
1) Etter, Sheila 9	2) Heins, Alex 7	3) Hass, Madisen 7	4) Coleman, Krystal 9		
42.61 42.53 40.40	35.55				
26 Becker High School	D	2:31.78	2:44.87		6
1) Buntrock, Emma 8	2) Tripp, Rebecca 8	3) Leistico, Sara 9	4) Hoehn, Allysa 12		
43.53 46.64 34.64	40.06				
27 Ogilvie Lions	C	3:07.39	3:07.00		4
1) Garagiola, Cassandra 7	2) Havernin, Heidi 9	3) Olson, Autumn 7	4) Josul, Kristina 7		
47.21 55.83 46.38	37.58				

Event 2 Girls 200 Yard Freestyle Varsity

Pool Record: 1:58.22 * 9/24/2009		Caley Oquist		Mont-MN			
True Team: 1:59.75 ! 10/10/2009		Ashley Drazkowski		MONT-MN			
Name	Yr	School	Seed Time	Finals Time	NISCA	Points	
1 Lee, Thomi	9	Chisago Lakes Area Wildcats	2:01.40	1:58.71!	113	28	
27.77 30.54 31.27	29.13						
2 Drazkowski, Ashley	11	Monticello High School-MN	1:58.92	1:59.18!	111	27	
27.47 29.95 31.16	30.60						
3 Ruff, Katie	11	Monticello High School-MN	2:04.67	2:06.76	84	26	
28.51 32.10 33.64	32.51						
4 Lindquist, Kristina	12	Monticello High School-MN	2:07.31	2:07.14	83	25	
29.73 31.79 32.99	32.63						
5 Jahn, Cassie	9	Big Lake HS-MN	2:06.37	2:07.62	81	24	
29.42 32.50 33.08	32.62						
6 Lee, Hanna	12	Chisago Lakes Area Wildcats	2:08.88	2:08.78	77	23	
29.54 32.44 32.70	34.10						
7 Macki, Anna	10	Monticello High School-MN	2:12.31	2:11.90	67	22	
28.73 32.11 35.01	36.05						
8 Nelsen, Ashley	10	Big Lake HS-MN	2:15.79	2:14.77	58	21	
31.18 34.40 34.90	34.29						

Section 5 True Team - October 16, 2010 - 10/16/2010

Results

(Event 2 Girls 200 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
9 Kolquist, Molly	12	Proctor/Hermantown Rails	2:12.94	2:15.38	56	20
30.93 34.08 35.75 34.62						
10 Kutz, Ashley	11	Sauk Rapids- Rice Storm	2:14.68	2:15.93	55	19
29.87 34.24 36.33 35.49						
11 Molus, Andrea	7	Becker High School	2:19.05	2:19.05	46	18
33.33 36.11 36.45 33.16						
12 Burchell, Taylor	9	Sauk Rapids- Rice Storm	2:20.34	2:19.06	46	17
31.37 35.92 37.43 34.34						
13 Connell, Taylor	10	Chisago Lakes Area Wildcats	2:18.67	2:20.72	41	16
32.77 35.73 36.57 35.65						
14 Mensinger, Megan	7	Proctor/Hermantown Rails	2:18.95	2:20.75	41	15
33.40 35.31 37.18 34.86						
15 Cash, Alex	9	Sauk Rapids- Rice Storm	2:23.78	2:21.11	40	14
32.70 35.50 37.33 35.58						
16 Bischoff, Bailey	10	Big Lake HS-MN	2:20.76	2:21.41	39	13
32.41 35.99 36.99 36.02						
17 Ruszat, Samantha	10	Sauk Rapids- Rice Storm	2:19.08	2:22.87	35	12
31.73 1:51.14						
18 Smith, Maggie	7	Becker High School	2:25.61	2:23.59	33	11
33.14 36.73 38.07 35.65						
19 Fenton, Alyx	10	Ogilvie Lions	2:26.30	2:23.82	32	10
33.24 36.99 38.39 35.20						
20 Poffenberger, Mae	11	Big Lake HS-MN	2:20.23	2:23.85	32	9
33.28 36.99 36.91 36.67						
21 Emeott, Hannah	9	Chisago Lakes Area Wildcats	2:27.85	2:26.18	26	8
33.94 37.31 37.91 37.02						
22 Stauber, Natalie	10	Proctor/Hermantown Rails	2:33.48	2:34.57	6	7
35.37 39.14 40.92 39.14						
23 Werker, Viola	10	Proctor/Hermantown Rails	2:40.15	2:36.23	2	6
34.31 39.54 41.79 40.59						
24 Zerwas, Makayla	9	Becker High School	2:36.83	2:37.11	0	5
35.42 39.85 42.12 39.72						
25 Abrahamson, Miranda	10	Becker High School	2:39.63	2:41.85		4
35.98 40.39 42.71 42.77						
26 Visser, Christie	10	Ogilvie Lions	2:42.25	2:45.17		3
37.44 42.39 43.30 42.04						
27 Olson, Angel	9	Ogilvie Lions	2:48.68	2:47.74		2
36.18 43.71 44.88 42.97						
28 Torgeson, Megan	11	Ogilvie Lions	3:02.87	3:04.51		1
40.27 48.02 50.16 46.06						

Event 3 Girls 200 Yard IM Varsity

Pool Record:	2:10.40	*	8/26/2008	Caley Oquist	MONT-MN			
True Team:	2:15.09	!	10/10/2009	Caley Oquist	MONT-MN			
Name	Yr	School	Seed Time	Finals Time	NISCA	Points		
1 Oquist, Caley	11	Monticello High School-MN	2:10.97	2:13.45!	111	28		
28.86 33.84 39.79 30.96								
2 Lee, Brogan	12	Chisago Lakes Area Wildcats	2:16.02	2:18.48	94	27		
30.68 35.38 40.78 31.64								
3 Wellumson, Sarah	11	Big Lake HS-MN	2:24.35	2:24.82	75	26		
33.24 37.81 40.18 33.59								
4 Bender, Kieran	12	Monticello High School-MN	2:22.22	2:25.03	74	25		
31.23 37.07 41.51 35.22								

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 3 Girls 200 Yard IM Varsity)**

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
5 Starry, Alli	12	Becker High School	2:35.53	2:34.19	49	24
32.83 39.78 48.46	33.12					
6 Eckstein, Amber	7	Monticello High School-MN	2:33.84	2:35.85	44	23
35.45 40.63 43.50	36.27					
7 McConnon, Rachel	11	Monticello High School-MN	2:34.61	2:36.55	43	22
33.41 40.19 47.89	35.06					
8 Mackereth, Sarah	12	Proctor/Hermantown Rails	2:34.04	2:37.43	40	21
33.73 41.14 44.76	37.80					
9 Pietrzak, Laurel	8	Big Lake HS-MN	2:33.24	2:38.65	37	20
35.43 39.23 46.80	37.19					
10 Berg, Danielle	8	Chisago Lakes Area Wildcats	2:37.56	2:39.94	34	19
35.83 39.50 48.55	36.06					
11 Ralph, Erin	9	Big Lake HS-MN	2:40.67	2:40.83	32	18
35.31 39.99 48.28	37.25					
12 Poffenberger, Kelli	9	Big Lake HS-MN	2:41.09	2:42.51	28	17
36.66 40.57 48.68	36.60					
13 Donahue, Kayla	10	Chisago Lakes Area Wildcats	2:39.91	2:42.58	28	16
35.21 40.73 49.57	37.07					
14 Miller, Katie	12	Sauk Rapids- Rice Storm	2:39.56	2:43.89	25	15
34.65 42.98 49.59	36.67					
15 Forrest, Kellie	12	Proctor/Hermantown Rails	2:50.24	2:50.31	11	14
36.38 45.15 50.76	38.02					
16 Buraglio, Sonja	8	Proctor/Hermantown Rails	2:46.26	2:50.45	10	13
37.36 43.47 50.83	38.79					
17 Witte, Julia	11	Proctor/Hermantown Rails	2:50.26	2:50.84	9	12
37.45 43.21 50.33	39.85					
18 Strand, Bailey	11	Chisago Lakes Area Wildcats	2:47.95	2:53.55	4	11
38.23 48.36 46.02	40.94					
19 Hemminger, Erika	9	Becker High School	2:51.45	2:53.60	4	10
38.22 43.75 55.12	36.51					
20 Erson, Jade	8	Becker High School	2:53.20	2:54.08	3	9
37.66 46.07 51.72	38.63					
21 Posch, Mackenzie	8	Sauk Rapids- Rice Storm	2:51.12	2:55.03	1	8
37.80 48.12 53.18	35.93					
22 Petron, Megan	11	Sauk Rapids- Rice Storm	2:52.12	2:55.21	0	7
38.58 49.51 49.27	37.85					
23 Dingmann, Megan	12	Sauk Rapids- Rice Storm	NT	2:55.27	0	6
43.52 47.65 44.46	39.64					
24 Lilyerd, Katie	7	Ogilvie Lions	3:15.00	2:58.08		5
38.61 44.39 51.73	43.35					
25 Harlan, Ashlyn	11	Ogilvie Lions	3:04.70	2:59.10		4
42.54 42.89 54.31	39.36					
--- Starry, Courtney	9	Becker High School	2:44.77	DQ		
36.60	38.31					

Event 4 Girls 50 Yard Freestyle Varsity

Pool Record: 24.39 * 9/30/2010 **Amanda Paulson** MONT-MN
True Team: 24.40 ! 10/10/2009 **Amanda Paulson** MONT-MN

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
1 Paulson, Amanda	12	Monticello High School-MN	24.04	24.56	128	28
2 Moline, Elizabeth	10	Sauk Rapids- Rice Storm	25.13	25.22	116	27
3 Cook, Katie	11	Sauk Rapids- Rice Storm	25.94	25.78	106	26
4 Jones, Anna	10	Monticello High School-MN	26.66	26.73	91	25

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 4 Girls 50 Yard Freestyle Varsity)**

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
5 Helgoe, Amber	10	Big Lake HS-MN	26.20	26.95	88	24
6 Willhite, Heidi	12	Chisago Lakes Area Wildcats	26.65	27.03	86	23
7 Jensen, Anna	10	Monticello High School-MN	27.12	27.24	83	22
8 Gamble, Araya	11	Chisago Lakes Area Wildcats	27.45	27.36	81	21
9 Larsen, Tana	12	Sauk Rapids- Rice Storm	26.90	27.49	80	20
10 Koebernick, Mariah	11	Monticello High School-MN	27.78	27.60	78	19
11 Bean, Nicole	10	Chisago Lakes Area Wildcats	27.79	27.79	75	18
12 Rasmussen, Abby	12	Sauk Rapids- Rice Storm	27.71	28.18	70	17
13 Vesel, Ashlee	12	Proctor/Hermantown Rails	28.62	28.20	69	16
14 Aamodt, Alyssa	9	Proctor/Hermantown Rails	28.30	28.28	68	15
15 Haslach, Michelle	12	Chisago Lakes Area Wildcats	28.86	28.33	68	14
16 Dziura, Angela	11	Big Lake HS-MN	27.38	28.40	67	13
17 Rebrovich, Sara	9	Big Lake HS-MN	28.89	29.06	58	12
18 Rivera, Rachel	12	Ogilvie Lions	28.88	29.53	52	11
19 Kangas, Ashley	11	Becker High School	29.31	30.50	40	10
20 Hook, Kaitlyn	12	Becker High School	30.01	30.83	36	9
21 Vesel, Abbie	11	Proctor/Hermantown Rails	30.43	31.31	30	8
22 Heins, Alex	7	Ogilvie Lions	31.84	31.71	26	7
23 Fiskum, Hilary	12	Big Lake HS-MN	30.85	32.02	22	6
24 Kolquist, Elle	9	Proctor/Hermantown Rails	NT	32.07	22	5
25 Foster, Rachel	12	Becker High School	30.96	32.36	19	4
26 Bormann, Savannah	10	Ogilvie Lions	32.69	33.04	12	3
27 Hass, Madisen	7	Ogilvie Lions	33.64	33.06	12	2
28 Hoehn, Allysa	12	Becker High School	38.61	41.57		1

Event 5 Girls 1 mtr Diving Varsity

True Team: 308.20 ! 10/10/2009		Lindsey Carlson	Chisago Lakes			
Name	Yr	School	Finals Score	NISCA	Points	
1 Timm, Michole	12	Sauk Rapids- Rice Storm	NT	454.00!	149	28
2 Bethke, Chelsey	12	Sauk Rapids- Rice Storm	NT	380.15!	129	27
3 Thomsen, Samantha	10	Chisago Lakes Area Wildcats	NT	354.50!	121	26
4 Ciatti, Alyssa	12	Monticello High School-MN	NT	333.50!	114	25
5 Maciej, Brianna	11	Big Lake HS-MN	NT	328.55!	113	24
6 Dick, Mallary	7	Big Lake HS-MN	NT	320.30!	110	23
7 Ciatti, Breazy	10	Monticello High School-MN	NT	316.90!	109	22
8 Schlegel, Cassandra	11	Chisago Lakes Area Wildcats	NT	313.60!	108	21
9 Schlegel, Courtney	9	Chisago Lakes Area Wildcats	NT	307.20	105	20
10 Liebl, Paige	11	Big Lake HS-MN	NT	292.60	100	19
11 Walsh, Jeni	10	Big Lake HS-MN	NT	286.25	98	18
12 Braun, Jacquelyn	9	Sauk Rapids- Rice Storm	NT	282.30	96	17
13 Weber, Johanna	10	Sauk Rapids- Rice Storm	NT	257.85	86	16
14 Hook, Kaitlyn	12	Becker High School	NT	252.50	84	15
15 Ortis, Brittney	11	Ogilvie Lions	NT	214.95	66	14
16 Ackelson, Kendra	12	Monticello High School-MN	NT	214.15	66	13
17 Stockham, Abby	7	Monticello High School-MN	NT	201.80	59	12

Event 6 Girls 100 Yard Butterfly Varsity

Pool Record: 59.05 * 9/24/2009		Audrey Kumm	Tigersharks			
True Team: 1:00.94 ! 10/10/2009		Amanda Paulson	MONT-MN			
Name	Yr	School	Seed Time	Finals Time	NISCA	Points
1 Moline, Elizabeth	10	Sauk Rapids- Rice Storm	1:03.20	1:03.03	102	28
29.38	33.65					

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 6 Girls 100 Yard Butterfly Varsity)**

	Name	Yr	School	Seed Time	Finals Time	NISCA	Points
2	Lee, Brogan 30.81 32.96	12	Chisago Lakes Area Wildcats	1:03.28	1:03.77	97	27
3	Lindquist, Kristina 30.00 33.91	12	Monticello High School-MN	1:04.35	1:03.91	97	26
4	Anderson, Paige 30.29 34.85	10	Monticello High School-MN	1:04.60	1:05.14	90	25
5	Iversen, Alli 31.16 35.39	11	Big Lake HS-MN	1:04.62	1:06.55	82	24
6	Starry, Alli 31.31 35.91	12	Becker High School	1:07.04	1:07.22	78	23
7	Donofrio, Angela 31.38 37.02	11	Proctor/Hermantown Rails	1:06.87	1:08.40	72	22
8	Bean, Amanda 31.87 36.71	12	Chisago Lakes Area Wildcats	1:07.28	1:08.58	71	21
9	Ascher, Dana 31.91 40.00	11	Monticello High School-MN	1:09.76	1:11.91	55	20
10	Bean, Nicole 32.74 39.55	10	Chisago Lakes Area Wildcats	1:09.83	1:12.29	54	19
11	Parr, Katie 33.46 40.23	9	Monticello High School-MN	1:12.22	1:13.69	47	18
12	Gamble, Araya 33.79 40.08	11	Chisago Lakes Area Wildcats	1:16.35	1:13.87	47	17
13	Watkin, Katelyn 34.66 39.96	10	Sauk Rapids- Rice Storm	1:14.29	1:14.62	43	16
14	Ireland, Lauren 35.33 40.05	9	Big Lake HS-MN	NT	1:15.38	40	15
15	Rivera, Rachel 34.30 41.31	12	Ogilvie Lions	1:14.81	1:15.61	39	14
16	Droher, Madeline 35.22 40.91	9	Big Lake HS-MN	1:14.55	1:16.13	37	13
17	Cash, Alex 35.78 42.94	9	Sauk Rapids- Rice Storm	1:15.22	1:18.72	27	12
18	Forrest, Kellie 36.57 44.03	12	Proctor/Hermantown Rails	1:22.53	1:20.60	20	11
19	Posch, Mackenzie 38.72 44.26	8	Sauk Rapids- Rice Storm	1:17.91	1:22.98	12	10
20	Turk, Morgan 37.32 46.68	9	Big Lake HS-MN	1:20.14	1:24.00	8	9
21	Holznagel, Samantha 39.09 48.05	11	Ogilvie Lions	1:25.73	1:27.14		8
22	Mayry, Kailey 40.16 49.01	9	Proctor/Hermantown Rails	1:24.38	1:29.17		7
23	Zerwas, Makayla 41.28 50.38	9	Becker High School	1:29.79	1:31.66		6
24	Hass, Madisen 44.88 53.05	7	Ogilvie Lions	1:36.45	1:37.93		5
25	Etter, Sheila 46.99 53.84	9	Ogilvie Lions	NT	1:40.83		4

Section 5 True Team - October 16, 2010 - 10/16/2010

Results

Event 7 Girls 100 Yard Freestyle Varsity

Pool Record: 54.29 * 10/20/2009 Amanda Paulson

MONT-MN

True Team: 57.83 ! 10/10/2009 Heidi Willhite

Chisago Lakes

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
1 Paulson, Amanda 25.55 28.99	12	Monticello High School-MN	54.30	54.54!	117	28
2 Cook, Katie 27.01 29.16	11	Sauk Rapids- Rice Storm	56.64	56.17!	103	27
3 Jones, Anna 27.77 30.24	10	Monticello High School-MN	58.07	58.01	89	26
4 Helgoe, Amber 27.69 30.77	10	Big Lake HS-MN	58.17	58.46	86	25
5 Carriveau, Rachel 27.67 31.72	11	Monticello High School-MN	59.21	59.39	79	24
6 Willhite, Heidi 28.73 30.67	12	Chisago Lakes Area Wildcats	58.58	59.40	79	23
7 Lee, Hanna 28.91 30.65	12	Chisago Lakes Area Wildcats	59.03	59.56	78	22
8 Smith, Maree 29.27 30.99	10	Monticello High School-MN	1:00.60	1:00.26	73	21
9 Kutz, Ashley 29.24 31.29	11	Sauk Rapids- Rice Storm	59.88	1:00.53	71	20
10 Kolquist, Molly 29.85 32.33	12	Proctor/Hermantown Rails	1:00.26	1:02.18	60	19
11 Larsen, Tana 30.00 32.29	12	Sauk Rapids- Rice Storm	1:00.77	1:02.29	59	18
12 Dziura, Angela 29.72 32.77	11	Big Lake HS-MN	1:01.24	1:02.49	58	17
13 Ruszat, Samantha	10	Sauk Rapids- Rice Storm	1:02.00	1:02.80	56	16
14 Haslach, Michelle 31.53 32.20	12	Chisago Lakes Area Wildcats	1:00.88	1:03.73	50	15
15 Berg, Danielle 31.48 32.74	8	Chisago Lakes Area Wildcats	1:05.33	1:04.22	47	14
16 Vesel, Ashlee 30.37 34.02	12	Proctor/Hermantown Rails	1:03.32	1:04.39	46	13
17 Rebrovich, Sara 31.90 33.93	9	Big Lake HS-MN	1:04.77	1:05.83	37	12
18 Neidenfeher, Tali 32.30 34.31	9	Becker High School	1:06.98	1:06.61	33	11
19 Prettyman, Jessica 32.32 34.84	9	Big Lake HS-MN	1:06.31	1:07.16	30	10
20 Werker, Viola 33.09 35.80	10	Proctor/Hermantown Rails	1:06.86	1:08.89	20	9
21 Harmon, Haley 33.89 36.41	8	Becker High School	1:10.40	1:10.30	13	8
22 Hansen, Jessie 35.47 37.91	11	Proctor/Hermantown Rails	1:10.02	1:13.38		7
23 Bormann, Savannah 36.31 38.38	10	Ogilvie Lions	1:14.36	1:14.69		6
24 Abrahamson, Miranda 34.87 40.03	10	Becker High School	1:14.04	1:14.90		5
25 Olson, Angel 35.82 40.05	9	Ogilvie Lions	1:15.97	1:15.87		4
26 Olson, Autumn 36.22 40.42	7	Ogilvie Lions	1:17.39	1:16.64		3

Section 5 True Team - October 16, 2010 - 10/16/2010

Results

(Event 7 Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
27 Torgeson, Megan 40.08 44.92	11	Ogilvie Lions	1:24.58	1:25.00		2

Event 8 Girls 500 Yard Freestyle Varsity

Pool Record: 5:17.19 * 10/10/2009 Brogan Lee

True Team: 5:17.19 ! 10/10/2009 Brogan Lee

CHIS-MN

Chisago Lakes

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
1 Lee, Thomi 28.14 31.57 32.02 31.85 30.68	9	Chisago Lakes Area Wildcats	5:18.91 31.78	5:14.51 *	114	28
2 Draskowski, Ashley 28.50 31.37 31.91 33.18 33.42	11	Monticello High School-MN	5:24.26 32.52	5:19.73	107	27
3 Jahn, Cassie 30.45 33.88 35.08 33.73 32.38	9	Big Lake HS-MN	5:38.09 34.11	5:38.36	81	26
4 Ruff, Katie 29.50 33.24 34.17 33.97 32.37	11	Monticello High School-MN	5:36.69 34.97	5:38.75	81	25
5 Anderson, Paige 30.43 33.57 34.52 35.55 34.45	10	Monticello High School-MN	5:45.41 35.37	5:44.75	73	24
6 Macki, Anna 30.06 33.73 35.78 38.03 37.09	10	Monticello High School-MN	5:59.35 38.33	6:03.07	52	23
7 Pietrzak, Laurel 31.95 37.01 37.53 37.98 35.87	8	Big Lake HS-MN	6:09.13 38.57	6:10.68	44	22
8 Mensinger, Megan 34.15 37.73 37.20 36.75 34.06	7	Proctor/Hermantown Rails	6:20.32 37.50	6:11.67	43	21
9 Miller, Katie 33.23 37.19 38.35 38.51 37.41	12	Sauk Rapids- Rice Storm	6:12.91 38.64	6:17.76	36	20
10 Ireland, Lauren 35.92 38.96 38.50 37.29 35.46	9	Big Lake HS-MN	6:23.61 38.78	6:19.48	35	19
11 Connell, Taylor 34.49 38.24 38.91 38.18 35.42	10	Chisago Lakes Area Wildcats	6:14.92 39.16	6:21.40	33	18
12 Karwath, Maddy 33.32 37.55 38.82 39.62 36.92	11	Proctor/Hermantown Rails	6:18.25 39.76	6:22.91	31	17
13 Burchell, Taylor 34.00 38.20 38.70 38.69 34.75	9	Sauk Rapids- Rice Storm	6:20.47 40.57	6:23.41	31	16
14 Nicoll, Rhiannon 33.32 37.60 38.84 40.13 36.47	9	Sauk Rapids- Rice Storm	6:35.69 40.74	6:27.63	27	15
15 Poffenberger, Mae 35.03 38.81 39.37 38.93 37.60	11	Big Lake HS-MN	6:23.73 39.88	6:30.14	24	14

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 8 Girls 500 Yard Freestyle Varsity)**

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
16 Emeott, Hannah	9	Chisago Lakes Area Wildcats	6:26.35	6:31.80	23	13
35.70 39.87 40.08	40.33	40.44 39.78 40.45	39.45			
39.06 36.64						
17 Hemminger, Erika	9	Becker High School	6:35.43	6:32.31	22	12
35.60 39.38 40.23	40.26	40.33 40.37 40.08	40.73			
40.33 35.00						
18 Watkin, Katelyn	10	Sauk Rapids- Rice Storm	6:25.65	6:32.86	21	11
35.24 39.37 40.50	40.45	40.94 41.17 41.09	40.32			
38.90 34.88						
19 Leistico, Sara	9	Becker High School	6:24.98	6:37.05	18	10
35.64 39.38 40.88	40.48	40.73 40.50 41.12	40.13			
39.85 38.34						
20 Leroy, Shelby	12	Chisago Lakes Area Wildcats	6:55.78	6:48.04	8	9
34.78 40.48 41.09	42.33	41.92 41.96 42.04	41.99			
41.63 39.82						
21 Collins,, Kayla	8	Proctor/Hermantown Rails	7:09.58	6:53.98	2	8
35.62 40.55 41.74	42.15	1:25.18 43.48 43.66	42.30			
39.30						
22 Fenton, Alyx	10	Ogilvie Lions	6:43.98	7:04.16		7
37.10 41.74 43.40	43.79	43.49 44.67 43.99	45.11			
43.84 37.03						
23 Holznagel, Samantha	11	Ogilvie Lions	7:06.00	7:07.57		6
37.44 42.10 43.30	43.86	43.99 44.52 45.18	44.58			
42.32 40.28						
24 Mayry, Kailey	9	Proctor/Hermantown Rails	7:13.52	7:17.08		5
38.21 43.12 45.52	45.43	45.89 45.33 45.74	44.50			
43.33 40.01						
25 Visser, Christie	10	Ogilvie Lions	7:17.13	7:21.07		4
38.74 44.94 45.03	45.03	45.62 45.37 45.41	44.69			
44.39 41.85						

Event 9 Girls 200 Yard Freestyle Relay Varsity

Pool Record: 1:41.72 * 10/2/2008 Monticello Magic
A Paulson, K Ruff, G Fair, C Oquist

True Team: 1:43.23 ! 10/11/2008 Monticello Magic MONT-MN

Team	Relay	Seed Time	Finals Time	NISCA	Points
1 Monticello High School-MN	A	1:43.50	1:44.09	357	56
1) Jones, Anna 10	2) Bender, Kieran 12	3) Ruff, Katie 11	4) Drazkowski, Ashley 11		
26.80 26.21 26.07	25.01				
2 Sauk Rapids- Rice Storm	A	1:45.00	1:44.46	351	54
1) Kutz, Ashley 11	2) Cook, Katie 11	3) Moline, Elizabeth 10	4) Larsen, Tana 12		
27.61 25.56 24.76	26.53				
3 Chisago Lakes Area Wildcats	A	1:46.04	1:47.03	324	52
1) Lee, Brogan 12	2) Lee, Hanna 12	3) Willhite, Heidi 12	4) Lee, Thomi 9		
27.34 27.16 34.63	17.90				
4 Big Lake HS-MN	A	1:48.61	1:50.55	285	50
1) Dziura, Angela 11	2) Wellumson, Sarah 11	3) Rebrovich, Sara 9	4) Jahn, Cassie 9		
28.10 27.43 28.39	26.63				
5 Monticello High School-MN	C	1:55.33	1:51.75	273	48
1) Stockham, Emily 10	2) Lofrano, Bradi 10	3) Gaeth, Kylie 9	4) Van Beek, Steph 10		
27.72 27.75 28.31	27.97				

Section 5 True Team - October 16, 2010 - 10/16/2010

Results

(Event 9 Girls 200 Yard Freestyle Relay Varsity)

Team	Relay	Seed Time	Finals Time	NISCA	Points
6 Sauk Rapids- Rice Storm	B	1:51.50	1:52.14	270	46
1) Bethke, Chelsey 12	2) Rasmussen, Abby 12	3) Burchell, Taylor 9	4) Ruszat, Samantha 10		
28.12 27.40 28.77	27.85				
7 Proctor/Hermantown Rails	A	1:52.43	1:54.25	249	44
1) Kolquist, Molly 12	2) Aamodt, Alyssa 9	3) Mackereth, Sarah 12	4) Karwath, Maddy 11		
28.56 28.03 29.24	28.42				
8 Chisago Lakes Area Wildcats	B	1:52.50	1:54.70	243	42
1) Gamble, Araya 11	2) Strand, Bailey 11	3) Connell, Taylor 10	4) Bean, Nicole 10		
28.42 29.35 29.68	27.25				
9 Big Lake HS-MN	B	1:55.50	1:59.54	201	40
1) Poffenberger, Kelli 9	2) Droher, Madeline 9	3) Turk, Morgan 9	4) Poffenberger, Mae 11		
31.28 28.63 30.21	29.42				
10 Chisago Lakes Area Wildcats	C	2:02.00	2:00.32	195	38
1) Colburn, Kimberty 10	2) Maxwell, Madeline 10	3) Wren, Elizabeth 10	4) Schoenecker, Taylor 10		
29.22 36.73 24.54	29.83				
11 Becker High School	A	1:57.44	2:00.92	189	36
1) Molus, Andrea 7	2) Foster, Rachel 12	3) Hook, Kaitlyn 12	4) Starry, Alli 12		
30.29 31.19 31.72	27.72				
12 Big Lake HS-MN	C	2:01.50	2:01.96	180	34
1) Fiskum, Hilary 12	2) Robarge, Jordyn 8	3) Prettyman, Jessica 9	4) Ralph, Erin 9		
30.99 30.72 30.67	29.58				
13 Proctor/Hermantown Rails	B	2:07.60	2:02.48	174	32
1) Mensinger, Megan 7	2) Vesel, Abbie 11	3) Werker, Viola 10	4) Collins,, Kayla 8		
30.20 31.18 30.26	30.84				
14 Sauk Rapids- Rice Storm	D	2:04.00	2:04.30	159	30
1) Gaetz, Rachel 11	2) Petron, Megan 11	3) Janorschke, Erika 10	4) Paulson, Sam 12		
41.19 21.65 29.29	32.17				
15 Becker High School	B	2:07.11	2:04.80	156	28
1) Smith, Maggie 7	2) Erson, Jade 8	3) Reichle, Lexi 7	4) Tripp, Rebecca 8		
30.29 30.66 32.57	31.28				
16 Ogilvie Lions	A	2:05.10	2:05.08	153	26
1) Bormann, Savannah 10	2) Heins, Alex 7	3) Fenton, Alyx 10	4) Rivera, Rachel 12		
35.88 29.96 29.69	29.55				
17 Big Lake HS-MN	D	2:06.50	2:08.53	126	24
1) Gingras, Katie 8	2) Knier, Maggie	3) Springer, Brittah 12	4) Wessel, Hannah 7		
33.36 31.25 32.02	31.90				
18 Chisago Lakes Area Wildcats	D	2:11.00	2:09.46	120	22
1) Baxter, Jessica 8	2) Meierhoff, Lillian 8	3) Lange, Madalyn 9	4) Gibson, Alexis		
31.18 32.82 31.74	33.72				
19 Ogilvie Lions	B	2:09.10	2:12.46	99	20
1) Harlan, Ashlyn 11	2) Lilyerd, Katie 7	3) Olson, Angel 9	4) Holznagel, Samantha 11		
34.50 31.54 32.97	33.45				
20 Proctor/Hermantown Rails	C	2:09.20	2:13.42	90	18
1) Asanovich, Jen 11	2) Collins, Courtney 10	3) Hansen, Jessie 11	4) Kolquist, Elle 9		
33.18 33.67 33.81	32.76				
21 Proctor/Hermantown Rails	D	2:23.60	2:19.23	51	16
1) Pinney, Claire 12	2) Terry, Jessica 9	3) Beaupre, Annika 9	4) DeFrance, Madie 10		
36.51 35.63 33.66	33.43				
22 Becker High School	C	2:28.80	2:22.36	33	14
1) Buntrock, Emma 8	2) Hemminger, Kate 7	3) Harmon, Haley 8	4) Bodien, Brittany 8		
38.08 35.38 32.76	36.14				
23 Ogilvie Lions	C	NT	2:25.52	12	12
1) Etter, Sheila 9	2) Steffen, Mariah 9	3) Torgeson, Megan 11	4) Visser, Christie 10		
40.39 34.63 36.74	33.76				

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 9 Girls 200 Yard Freestyle Relay Varsity)**

Team	Relay	Seed Time	Finals Time	NISCA	Points
24 Ogilvie Lions	D	NT	2:31.05		10
1) Josul, Kristina 7 39.35 37.64 1:14.06	2) Anderson, Sarah 7	3) Olson, Autumn 7	4) Garagiola, Cassandra 7		
25 Becker High School	D	2:40.40	2:34.23		8
1) Krueger, Raven 8 36.65 35.11 43.74	2) McLaughlin, Kris 8 38.73	3) Vigdal, Kendra 10	4) Pappenfus, Cadie 7		
--- Monticello High School-MN	D	2:08.70	DQ		
1) Smith, Kayla 7 30.96 30.64 31.67	2) Kopf, Kristen 10 27.61	3) Knutson, Tori 10	4) Murray, Samantha 10		
--- Monticello High School-MN	B	1:48.05	DQ		
1) Lindquist, Kristina 12	2) Carriveau, Rachel 11	3) Koebernick, Mariah 11	4) Macki, Anna 10		
--- Sauk Rapids- Rice Storm	C	1:59.00	DQ		
1) Rasmussen, Jennifer 9 29.67 29.78 29.41	2) Cash, Alex 9 29.69	3) Timm, Michole 12	4) Nicoll, Rhiannon 9		

Event 10 Girls 100 Yard Backstroke Varsity

Pool Record: 58.84 * 9/24/2009		Caley Oquist	MONT-MN			
True Team: 1:00.55 ! 10/10/2009		Caley Oquist	MONT-MN			
Name	Yr	School	Seed Time	Finals Time	NISCA	Points
1 Oquist, Caley 29.20 31.25	11	Monticello High School-MN	59.31	1:00.45!	119	28
2 Jensen, Anna 31.15 32.97	10	Monticello High School-MN	1:05.00	1:04.12	94	27
3 Donofrio, Angela 32.07 34.16	11	Proctor/Hermantown Rails	1:04.51	1:06.23	81	26
4 Smith, Maree 33.01 34.65	10	Monticello High School-MN	1:07.35	1:07.66	73	25
5 Ascher, Dana 32.67 35.75	11	Monticello High School-MN	1:07.27	1:08.42	68	24
6 Nelsen, Ashley 32.67 35.86	10	Big Lake HS-MN	1:07.24	1:08.53	68	23
7 Iversen, Alli 34.96 35.24	11	Big Lake HS-MN	1:08.13	1:10.20	59	22
8 Bischoff, Bailey 34.46 36.54	10	Big Lake HS-MN	1:09.22	1:11.00	54	21
9 Bean, Amanda 34.25 37.28	12	Chisago Lakes Area Wildcats	1:04.37	1:11.53	52	20
10 Donahue, Kayla 35.79 38.11	10	Chisago Lakes Area Wildcats	1:12.86	1:13.90	40	19
11 Kangas, Ashley 34.91 39.52	11	Becker High School	1:12.93	1:14.43	37	18
12 Buraglio, Sonja 35.83 39.07	8	Proctor/Hermantown Rails	1:13.57	1:14.90	35	17
13 Poffenberger, Kelli 36.60 39.46	9	Big Lake HS-MN	1:12.09	1:16.06	30	16
14 Stauber, Natalie 36.32 39.96	10	Proctor/Hermantown Rails	1:14.96	1:16.28	29	15
15 Molus, Andrea 38.48 38.98	7	Becker High School	1:17.85	1:17.46	24	14
16 Wilke, Madyson 38.33 39.86	10	Chisago Lakes Area Wildcats	1:18.55	1:18.19	20	13
17 Olson, Maria 38.41 40.94	12	Chisago Lakes Area Wildcats	1:17.99	1:19.35	15	12

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 10 Girls 100 Yard Backstroke Varsity)**

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
18 Pearson, Ambrique 40.21 40.01	9	Sauk Rapids- Rice Storm	1:20.71	1:20.22	12	11
19 Witte, Julia	11	Proctor/Hermantown Rails	1:14.02	1:20.39	11	10
20 Harlan, Ashlyn	11	Ogilvie Lions	1:22.08	1:20.47	11	9
21 Neidenfeher, Tali 40.02 41.42	9	Becker High School	1:19.30	1:21.44	7	8
22 Gaetz, Rachel 40.52 41.12	11	Sauk Rapids- Rice Storm	NT	1:21.64	6	7
23 Neubauer, Amanda 40.21 45.42	9	Sauk Rapids- Rice Storm	1:22.56	1:25.63		6
24 Garagiola, Cassandra	7	Ogilvie Lions	1:29.92	1:26.94		5
25 Vadies, Kelsey 42.10 46.38	9	Sauk Rapids- Rice Storm	1:27.74	1:28.48		4
26 Lefebvre, Emma 42.09 46.47	7	Becker High School	1:28.21	1:28.56		3
27 Steffen, Mariah 45.92 45.18	9	Ogilvie Lions	1:31.60	1:31.10		2
28 Coleman, Krystal 47.64 47.92	9	Ogilvie Lions	1:31.60	1:35.56		1

Event 11 Girls 100 Yard Breaststroke Varsity**Pool Record: 1:07.60 * 1986****Anne Pringle****MHS****True Team: 1:11.87 ! 10/13/2007****Caley Oquist****MONT-MN**

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
1 Rasmussen, Abby 33.84 38.01	12	Sauk Rapids- Rice Storm	1:09.86	1:11.85!	101	28
2 Wellumson, Sarah 33.90 37.99	11	Big Lake HS-MN	1:12.21	1:11.89	101	27
3 Bender, Kieran 34.40 38.27	12	Monticello High School-MN	1:12.80	1:12.67	96	26
4 Eckstein, Amber 35.27 39.28	7	Monticello High School-MN	1:15.82	1:14.55	86	25
5 Carriveau, Rachel 35.28 41.25	11	Monticello High School-MN	1:14.70	1:16.53	76	24
6 Aamodt, Alyssa 35.54 41.77	9	Proctor/Hermantown Rails	1:15.64	1:17.31	72	23
7 Dingmann, Megan 38.91 40.94	12	Sauk Rapids- Rice Storm	1:17.71	1:19.85	60	22
8 Mackereth, Sarah 37.64 42.32	12	Proctor/Hermantown Rails	1:16.19	1:19.96	60	21
9 Starry, Courtney 38.50 42.26	9	Becker High School	1:19.64	1:20.76	56	20
10 Asanovich, Jen 37.86 43.30	11	Proctor/Hermantown Rails	1:18.76	1:21.16	55	19
11 Rasmussen, Jennifer 38.46 42.82	9	Sauk Rapids- Rice Storm	1:21.12	1:21.28	54	18
12 Strand, Bailey 39.16 42.36	11	Chisago Lakes Area Wildcats	1:19.74	1:21.52	53	17
13 Smith, Maggie 40.24 44.25	7	Becker High School	1:26.88	1:24.49	40	16
14 Skarie, Courtney 39.99 44.65	7	Monticello High School-MN	1:21.70	1:24.64	40	15
15 Wellumson, Lara 41.01 43.83		Big Lake HS-MN	1:25.85	1:24.84	39	14

Section 5 True Team - October 16, 2010 - 10/16/2010

Results

(Event 11 Girls 100 Yard Breaststroke Varsity)

Name	Yr	School	Seed Time	Finals Time	NISCA	Points
16 Koprek, Molly 40.24 44.98	9	Sauk Rapids- Rice Storm	1:22.69	1:25.22	38	13
17 Foster, Rachel 41.28 44.05	12	Becker High School	1:22.91	1:25.33	37	12
18 Colburn, Kimbertly 40.64 45.42	10	Chisago Lakes Area Wildcats	1:23.91	1:26.06	34	11
19 Droher, Madeline 40.92 45.55	9	Big Lake HS-MN	1:25.58	1:26.47	33	10
20 Lilyerd, Katie 41.04 45.65	7	Ogilvie Lions	1:26.12	1:26.69	32	9
21 Beaupre, Annika 40.86 45.99	9	Proctor/Hermantown Rails	1:24.45	1:26.85	31	8
22 Erson, Jade 41.54 46.33	8	Becker High School	1:25.35	1:27.87	27	7
23 Maxwell, Madeline 43.02 45.14	10	Chisago Lakes Area Wildcats	1:28.51	1:28.16	26	6
24 Turk, Morgan 41.78 46.83	9	Big Lake HS-MN	NT	1:28.61	24	5
25 Mansfield, Devyn 42.37 46.85	10	Chisago Lakes Area Wildcats	1:29.04	1:29.22	22	4
26 Heins, Alex 44.26 48.84	7	Ogilvie Lions	1:30.46	1:33.10	9	3
27 Anderson, Sarah 52.76 1:00.23	7	Ogilvie Lions	NT	1:52.99		2

Event 12 Girls 400 Yard Freestyle Relay Varsity

Pool Record: 3:46.01 * 9/2/2010 Monticello Magic
A Paulson, K Ruff, A Draskowski, C Oquist
True Team: 3:47.85 ! 10/10/2009 Monticello Magic
A Paulson, K Ruff, A Draskowski, C Oquist

Team	Relay	Seed Time	Finals Time	NISCA	Points
1 Monticello High School-MN 1) Paulson, Amanda 12 25.66 55.15 27.74	A 2) Ruff, Katie 11 58.50 26.66 56.41	3:40.45 27.24 57.42	3:47.48! 4) Oquist, Caley 11	339	56
2 Chisago Lakes Area Wildcats 1) Lee, Brogan 12 28.15 57.47 27.91	A 2) Lee, Hanna 12 58.87 28.82 1:00.39	3:50.65 27.55 58.78	3:55.51 4) Lee, Thomi 9	291	54
3 Monticello High School-MN 1) Lindquist, Kristina 12 29.72 1:01.63 28.48	B 2) Ascher, Dana 11 1:01.47 28.50 1:07.13	3:57.57 20.92 52.10	4:02.33 4) Macki, Anna 10	255	52
4 Big Lake HS-MN 1) Helgoe, Amber 10 28.73 59.87 28.85	A 2) Nelsen, Ashley 10 1:01.63 29.70 1:01.73	4:00.17 28.32 1:00.49	4:03.72 4) Jahn, Cassie 9	249	50
5 Sauk Rapids- Rice Storm 1) Kutz, Ashley 11 29.13 1:01.06 29.39	A 2) Bethke, Chelsey 12 1:01.33 30.11 1:04.61	4:06.50 1:02.81	4:09.81 4) Ruszat, Samantha 10	216	48
6 Chisago Lakes Area Wildcats 1) Connell, Taylor 10 31.80 1:04.08 30.80	B 2) Berg, Danielle 8 1:03.82 30.17 1:02.02	4:08.00 28.04 59.95	4:09.87 4) Bean, Amanda 12	216	46
7 Monticello High School-MN 1) Gaeth, Kylie 9 30.11 1:03.01 29.30	C 2) Van Beek, Steph 10 1:02.81 29.81 1:14.42	4:16.00 18.76 51.59	4:11.83 4) Murray, Samantha 10	207	44

Section 5 True Team - October 16, 2010 - 10/16/2010

Results

(Event 12 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay	Seed Time	Finals Time	NISCA	Points
8 Proctor/Hermantown Rails	A	4:06.38	4:14.05	195	42
1) Vesel, Ashlee 12	2) Karwath, Maddy 11	3) Donofrio, Angela 11	4) Kolquist, Molly 12		
30.39 1:04.88 29.69	1:03.91 29.60 1:03.45	29.12 1:01.81			
9 Big Lake HS-MN	B	4:14.50	4:22.01	156	40
1) Poffenberger, Mae 11	2) Pietrzak, Laurel 8	3) Ireland, Lauren 9	4) Bischoff, Bailey 10		
31.12 1:05.42 30.81	1:06.14 32.57 1:07.31	30.17 1:03.14			
10 Sauk Rapids- Rice Storm	B	4:20.20	4:24.30	147	38
1) Watkin, Katelyn 10	2) Cash, Alex 9	3) Gaetz, Rachel 11	4) Burchell, Taylor 9		
31.95 1:06.42 32.01	1:06.96 31.82 1:06.33	30.57 1:04.59			
11 Becker High School	A	4:27.14	4:24.77	144	36
1) Neidenfeher, Tali 9	2) Bjork, Vanessa 12	3) Starry, Courtney 9	4) Hemminger, Erika 9		
32.88 1:07.30 30.56	1:04.79 31.60 1:06.64	31.02 1:06.04			
12 Proctor/Hermantown Rails	B	4:25.00	4:30.03	123	34
1) Forrest, Kellie 12	2) Werker, Viola 10	3) Buraglio, Sonja 8	4) Mensinger, Megan 7		
31.63 1:06.53 32.04	1:17.21 22.99 1:01.49	31.37 1:04.80			
13 Big Lake HS-MN	C	4:29.50	4:30.68	120	32
1) Robarge, Jordyn 8	2) Ralph, Erin 9	3) Fiskum, Hilary 12	4) Prettyman, Jessica 9		
32.39 1:07.61 32.29	1:08.32 32.67 1:08.44	31.84 1:06.31			
14 Monticello High School-MN	D	4:25.00	4:39.17	84	30
1) Lofrano, Bradi 10	2) Smith, Kayla 7	3) Kopf, Kristen 10	4) Kunde, Katelyn 9		
30.52 1:05.48 32.71	1:09.84 32.24 1:08.46	35.55 1:15.39			
15 Chisago Lakes Area Wildcats	C	4:40.00	4:41.41	75	28
1) Wilke, Madyson 10	2) Wren, Elizabeth 10	3) Schoenecker, Taylor 10	4) Tanata, Nichole 12		
34.09 1:09.92 32.68	1:08.89 33.34 1:10.16	34.66 1:12.44			
16 Sauk Rapids- Rice Storm	C	4:33.00	4:42.98	69	26
1) Janorschke, Erika 10	2) Guith, Madilyn 10	3) Pearson, Ambrique 9	4) Rasmussen, Jennifer 9		
31.87 1:07.67 34.96	1:20.60 28.92 1:06.44	31.32 1:08.27			
17 Proctor/Hermantown Rails	C	4:45.00	4:47.67	51	24
1) Hansen, Jessie 11	2) Kolquist, Elle 9	3) Collins,, Kayla 8	4) Stauber, Natalie 10		
35.74 1:13.62 36.31	1:15.74 33.02 1:09.18	33.28 1:09.13			
18 Becker High School	B	4:49.89	4:47.94	48	22
1) Abrahamson, Miranda 10	2) Leistico, Sara 9	3) Zerwas, Makayla 9	4) Tripp, Rebecca 8		
36.94 1:19.29 32.77	1:07.82 35.34 1:12.22	33.47 1:08.61			
19 Sauk Rapids- Rice Storm	D	4:41.50	4:48.61	48	20
1) Nicoll, Rhiannon 9	2) Posch, Mackenzie 8	3) Paulson, Sam 12	4) Neubauer, Amanda 9		
33.42 1:10.42 34.07	1:12.65 34.14 1:11.40	34.42 1:14.14			
20 Big Lake HS-MN	D	4:44.50	4:55.66	21	18
1) Knier, Maggie	2) Wessel, Hannah 7	3) Gingras, Katie 8	4) Wellumson, Lara		
32.42 1:10.08 34.67	1:11.72 36.56 1:16.61	36.04 1:17.25			
21 Proctor/Hermantown Rails	D	5:15.00	5:05.73		16
1) Pinney, Claire 12	2) Terry, Jessica 9	3) Vesel, Abbie 11	4) DeFrance, Madie 10		
37.58 1:20.50 36.84	1:20.12 32.41 1:09.72	35.44 1:15.39			
22 Becker High School	C	5:40.90	5:28.41		14
1) Skelton, Emily 7	2) Norhein, Isabelle 8	3) Hickerson, Molly 7	4) Hemminger, Kate 7		
42.69 1:35.58 29.46	1:07.49 39.36 1:25.56	38.29 1:19.78			
23 Becker High School	D	5:55.94	5:31.49		12
1) Roesler, Paige 8	2) Eid, Anna 7	3) Johnson, Aubrey 7	4) Roghair, Emily 7		
37.85 1:21.31 44.10	1:27.50 37.62 1:21.19	39.13 1:21.49			
24 Ogilvie Lions	B	5:14.23	5:31.94		10
1) Coleman, Krystal 9	2) Torgeson, Megan 11	3) Steffen, Mariah 9	4) Hass, Madisen 7		
38.81 1:18.54 40.71	1:32.97 37.22 1:23.17	36.67 1:17.26			
--- Ogilvie Lions	A	4:57.70	DQ		
1) Bormann, Savannah 10	2) Olson, Angel 9	3) Fenton, Alyx 10	4) Visser, Christie 10		
34.97 1:49.10	40.47 33.28 1:11.72	35.99 1:15.92			

Section 5 True Team - October 16, 2010 - 10/16/2010**Results****(Event 12 Girls 400 Yard Freestyle Relay Varsity)**

Team	Relay	Seed Time	Finals Time	Points
--- Chisago Lakes Area Wildcats	D	4:50.00	DQ	
1) Baxter, Jessica 8	2) Reed, Alexandria 7	3) Peltier, Anna 10	4) Meierhoff, Lillian 8	
34.44 1:11.37 31.82	1:12.48 29.60 1:07.97	35.48 1:13.47		

Combined Team Scores**Combined Team Scores - Varsity - Through Event 12**

1. Monticello High School	1301	2. Big Lake HS	1077
3. Chisago Lakes Area Wildcats	1007	4. Sauk Rapids- Rice Storm	996
5. Proctor/Hermantown Rails	774	6. Becker High School	545
7. Ogilvie Lions	270		