



Volleyball News August 2010

Important Dates

Captains' Practice ~ Eligibility Packets ~ Start of Season ~ Activities Meeting ~ Scrimmage Day

August 9, 10, 11, 12 ~ Captains Practice. Captains invite all players in grades 9-12 and those who played on a 9th grade team last season to attend captains' practice. Time and place TBD.

August 12th ~ Activity Forms & Payment **DUE to Activities Office.**

Athletes will not be permitted to tryout if their packet is incomplete.

Eligibility Packets (forms) available online www.lnhs.k12.mn.us Activities Link.

August 16th ~ Season Begins

Please arrive one-half hour early on 8/16 to receive your locker

B-Squad, JV & Varsity Evaluations: 8:00 – 11:00 am and continue from 1:00 – 3:00 pm

9A & 9B Evaluations: 9:00 – 11:00 am

August 16th – Parent/Athlete/Coach Meeting ~ 6:00 pm LNHS North Gym

A required pre-season informational meeting followed by individual team/coach/player/parent meetings.

August 21st – JV & Varsity Pre-Season Scrimmage Invite ~ LNHS 8:00 – 1:30 pm

It's Picnic Time!


Pre-Season Kick-Off August 21st 2:00-4:00pm

Who: ALL Players, Parents & Coaches

What's Provided: Booster Club will provide grillin' meat, buns, etc.

What to Bring: Each team brings a picnic item to share ~ You'll know your team by picnic day.

- Varsity 24 Cold Beverages
- JV Pasta or Lettuce Salad w/serving spoons
- B-Squad Fresh Fruit, Veggies & Dip or Fruit Salad
- 9A & 9B Dessert (bars, Cookies, etc.)

What Else: Bring your calendar and your checkbook. Be ready to sign up for your volunteer hours and buy practice t-shirts, fan t-shirts, & sweatshirt, water bottle, etc. 

Where: LNHS S. Commons.



New

Web Additions!

South Suburban Conf Link
Lakeville No. Juniors Link
Volunteer Opportunities Section
Calendar Section

Tournament Dates

Sept. 11th ~ 9th Grade (JV & B-Squad work)

Sept. 18th ~ B-Squad (9A, 9B, Varsity Work)

Oct. 8 & 9 ~ Bachman Tournament (ALL WORK)

Please see "**Volunteer Opportunities**" for schedules.

Home Matches – Ticket Sales Workers Needed

8/31, 9/21, 9/28, 9/29, 10/5, 10/14 & 10/19

Other Notes

- Varsity will travel to Marshall, MN September 10-11th. FYI – Hotels fill up quickly.
- Parent Recognition and Senior Night is October 19th

Thank you to all the athletes who attended an LNHS Volleyball Camp this summer!

Questions? Lisa Abrahamson lisa82@charter.net